

Family Development and Self-Sufficiency (FaDSS) Program -- Self Sufficiency Matrix

FAMILY NAME: _____

STAFF: _____

STAFF SIGNATURE: _____

Admit/Exit (Circle One)

DATE-HH _____

DATE-OFA, if different than HH _____

DIFFICULTY of SERVICE SCORE: HH _____ OFA _____

1 = In Crisis, 2 = Vulnerable, 3 = Safe, 4 = Building Capacity, 5 = Empowered, NA = Not Applicable, UN = Unknown

DOMAIN	1	2	3	4	5	Score
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STABILIZATION: Families are able to meet their basic needs

HOUSING	Homeless or threatened with eviction.	In transitional, temporary or substandard housing.	In stable housing that is safe but only marginally adequate.	Household is in safe, adequate subsidized housing.	Household is safe, adequate, unsubsidized housing.	
FOOD	No food or means to prepare it. Relies to a significant degree on other sources of free or low-cost food.	Household is on food stamps.	Can meet basic food needs, but requires occasional assistance.	Can meet basic food needs without assistance.	Can choose to purchase any food household desires.	
HEALTH CARE	No medical coverage with immediate need.	No medical coverage and great difficulty accessing medical care when needed. Some household members may be in poor health.	Some or most members receive Medicaid.	All members can get medical care when needed, but may strain budget.	All members are covered by affordable, adequate health insurance.	
* MOBILITY	No access to transportation, public or private; may have car that is inoperable.	Transportation is available, but unreliable, unpredictable, unaffordable, may have car but no insurance, license, etc.	Transportation is available and reliable, but limited and/or inconvenient; drivers are licensed and minimally insured.	Transportation is generally accessible to meet basic travel needs.	Transportation is readily available and affordable; car is adequately insured.	

DEVELOPMENTAL: Families are engaged in activities that lead to growth, development and self sufficiency

*MENTAL HEALTH	Danger to self or others; recurring suicidal ideation; experiencing severe difficulty in day-to-day life due to psychological problems.	Recurrent mental health symptoms that may affect behavior, but not a danger to self/others; persistent problems with functioning due to mental health symptoms.	Mild symptoms may be present but are transient; only moderate difficulty in functioning due to mental health problems.	Minimal symptoms that are expected responses to life stressors; only slight impairment in functioning.	Symptoms are absent or rare; good or superior functioning in wide range of activities; no more than every day problems or concerns.	
*SUBSTANCE ABUSE	Meets criteria for severe abuse/dependence; resulting problems so severe that institutional living or hospitalization may be necessary.	Meets criteria for dependence; preoccupation with use and/or obtaining drugs/alcohol; withdrawal or withdrawal avoidance behaviors evident; use results in avoidance or neglect of essential life activities.	Use within last 6 months; evidence of persistent or recurrent social, occupational, emotional or physical problems related to use (such as disruptive behavior or housing problems); problems have persisted for at least one month.	Client has used during last 6 months, but no evidence of persistent or recurrent social, occupational, emotional, or physical problems related to use; not evidence of recurrent dangerous use.	No drug use/alcohol abuse in last 6 months.	
*PHYSICAL HEALTH-	Needs immediate medical attention; an emergency/critical situation.	An ongoing medical need that requires regular treatment and is not currently being managed.	An on-going medical need is being treated and managed under the supervision of medical personnel.	Able to identify need for assistance in managing the on-going medical condition.	There are no immediate or on-going medical problems.	
INCOME	No income.	Inadequate income and/or spontaneous or inappropriate spending.	Can meet basic needs with subsidy; appropriate spending.	Can meet basic needs and manage debt without assistance.	Income is sufficient, well managed; has discretionary income and is able to save.	
*EMPLOYMENT	No job.	Temporary, part-time or seasonal; inadequate pay, no benefits.	Employed full time; inadequate pay; few or no benefits.	Employed full time with adequate pay and benefits.	Maintains permanent employment with adequate income and benefits.	

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DOMAIN	1	2	3	4	5	Score
PARENTING *SKILLS	There are safety concerns regarding parenting skills.	Parenting skills are minimal.	Parenting skills are apparent but not adequate.	Parenting skills are adequate.	Parenting skills are well developed.	
CHILDCARE (0=N/A)	Needs childcare, but none is available/accessible and/or child is not eligible.	Childcare is unreliable or unaffordable, inadequate supervision is a problem for childcare that is available.	Affordable subsidized childcare is available, but limited.	Reliable, affordable childcare is available, no need for subsidies.	Able to select quality childcare of choice.	
CHILDREN'S EDUCATION (0=N/A)	One or more school-aged children not enrolled in school.	One or more school-aged children enrolled in school, but not attending classes.	Enrolled in school, but one or more children only occasionally attending classes.	Enrolled in school and attending classes most of the time.	All school-aged children enrolled and attending on a regular basis.	
*LEGAL	Current outstanding tickets or warrants.	Current charges/trial pending, noncompliance with probation/parole.	Fully compliant with probation/parole terms.	Has successfully complete probation/parole within past 12 months, no new charges filed.	No active criminal justice involvement in more that 12 months and/or no felony criminal history.	
* LIFE SKILLS	Unable to meet basic needs such as hygiene, food, activities of daily living.	Can meet a few but not all needs of daily living without assistance.	Can meet most but not all daily living needs without assistance.	Able to meet all basic needs of daily living without assistance.	Able to provide beyond basic needs of daily living for self and family.	
SUPPORT NETWORK	Lack of necessary support from family/friends.	Family/friends may be supportive, but lack ability/financial resources to help.	Some support from family/friends.	Strong support from family/friends.	Child(ren) and parents appear happy. Household has healthy support network.	
SAFETY	Home or residence is not safe; immediate level of lethality is extremely high; possible CPS involvement.	Safety is threatened/temporary protection is available; level of lethality is high.	Current level of safety is minimally adequate; ongoing safety planning is essential.	Environment is safe, however, future of such is uncertain; safety planning is important.	Environment is apparently safe and stable.	
ENERGY ASSISTANCE (0=N/A)	Has a utility disconnection notice or a 2- month unpaid bill, with nor resources to pay bill, reconnect fees, etc.	Lacks resources to pay utility bills on an on-going basis.	Needs help during months when bill is higher.	Usually able to pay bill, but experiences occasional emergencies.	Able to pay utility bills on an on -going basis.	

* These are the domains that need to be completed for both the Head of the Household and the other FIP Adult. The Score column in these domains are split into two cells and shaded. In the top cell place the score for the Head of the Household and the bottom cell place the other FIP Adult score.

DIFFICULTY OF SERVICE SCALE of HH, attach another D of S scale if Other FIP adult (Only Completed at Enrollment)

Level 1:

- Reclusive
- Poor self-image
- Multiple physical problems
- Drug/Alcohol issues
- Severe mental illness
- Social isolation

Level 2:

- Protective/guarded personality
- Selective conversations
- Attempts at hygiene
- Accepts medical and/or social care
- Chronic problems identified
- Recovery efforts began

Level 3:

- Sociable
- Seeks health care
- Knowledge of services available
- Expresses needs
- Addressing Employment Barriers
- Modest rehab success

Level 4:

- Offers to volunteer
- Struggles with self needs and a desire to attain a place in society
- Relates to authority
- Seeks employment

Level 5:

- Self-fulfillment
- Responsive to help
- Serves as example/mentor for others
- Good hygiene
- Feelings of Self-worth
- Sober and/or free of symptoms of mental health and/or health issues.
- Person is employed and/or attending school with minimal issue

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